



Sei-ki Facilitators' Workshop

25-26 July 2022

Norwich Wellbeing Centre, East Anglia, UK

with Alice Whieldon

This course is for those who have some experience in Sei-ki and wish to take the work deeper, either for personal or professional development. It is specifically designed to support those wishing to set up practice groups and offer Sei-ki workshops.

The workshop will focus on how we support and facilitate others in developing Sei-ki. Doing this requires a more forensic examination of our own work. Consequently, it is a powerful way of deepening the understanding of our own Sei-ki practice. When we set out to understand how others experience Sei-ki and learn it, we gain a new dimension.

During this intensive two days, we will explore our own approach and broaden that to support the client as student; we will examine our identities and motivations as Sei-ki practitioners and work on the practical business of establishing a strong Sei-ki practice group and workshops within the wider Sei-ki Community.

If you have any questions, please contact: info@living-in-resonance.com